

Leadership MINDSET 4 LIFE

LEADING YOURSELF THROUGH LIFE

COURSE OBJECTIVE: Create a shift in thinking to overcome a current challenge that you're facing.



ADDED BENEFIT:

Learn how to create a shift in thinking for yourself so that when you come across challenges in life, you can continue to apply these practices.

DEFINING YOUR CHALLENGE

Because I think/hold a mindset of:

I do the behaviours of:

...that contribute/add to my challenge.
